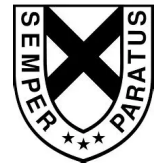




P.E. Extra-Curricular Timetable



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Before school</u> <u>(7:30 - 8:30am)</u>					Senior Fitness S5/6 Fitness Suite
<u>Lunch</u> <u>(1:15 – 1:50pm)</u> <i>**Bring lunch with you and have it before you play**</i>	S1 Football League S1 ONLY Games Hall	Volleyball S1-6 Small Gym	Girls Netball S1-3 Games Hall School of/ Higher Dance Open studio	Badminton S1-6 Games Hall School of/ Higher Dance Open studio	
<u>After school</u> <u>(2:40 – 3:40pm)</u> <u>OR</u> <u>(3:30 – 4:30pm)</u>	Senior Dance S4-6 Dance Studio	Basketball S1-6 Games Hall Junior Dance S1-3 Dance Studio Girls' Football S1-3 Astro	Trampolining S1-6 Small Gym N5/ Higher PE Open dept – one-off performance prep	Cheerleading S1-6 Small Gym	Martial Arts (boxing, judo, muay thai, karate) S1-3 Fitness Suite